

# The Fruit of the Spirit

Galatians 5:22-23

## ***Galatians 5:16 - 25***

- 16 *This* I say then, **Walk in the Spirit**, and ye shall not fulfil the lust of the flesh.
- 17 For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.
- 18 But if ye be ***led of the Spirit***, ye are not under the law.
- 19 Now the works of the flesh are manifest, which are *these*; Adultery, fornication, uncleanness, lasciviousness,
- 20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies,
- 21 Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told *you* in time past, that they which do such things shall not inherit the kingdom of God.
- 22 But the ***fruit of the Spirit*** is love, joy, peace, longsuffering, gentleness, goodness, faith,
- 23 Meekness, temperance: against such there is no law.
- 24 And they that are Christ's have crucified the flesh with the affections and lusts.
- 25 If we ***live in the Spirit***, let us also **walk in the Spirit**.

# Walk In The Spirit

- Ephesians 3:3-5 → 3 How that by revelation he made known unto me the mystery; (as I wrote afore in few words, 4 Whereby, when ye read, ye may understand my knowledge in the mystery of Christ) 5 Which in other ages was not made known unto the sons of men, as it is now revealed unto his holy apostles and prophets by the Spirit;
- Ephesians 6:17 → And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

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# *Gentleness (Kindness)*

- Defined: Compassion, the sympathetic heart that feels for the afflictions, troubles, and the plight of others -- gracious, tenderhearted.
  - Not merely being nice or pleasant, but the generous inclination of our hearts toward other people, even when they don't "deserve" it, and are not kind to us in return. (cf. Luke 6:35-36)
  - The opposite of harshness, caustic, indifference, thoughtless, selfishness, mercilessness, etc.

## *Gentleness (Kindness)*

- The kindness of God:
  - Ephesians 2:7 → That in the ages to come he might shew the exceeding riches of his grace in *his kindness toward us through Christ Jesus*.
  - Romans 2:4 → Or do you presume on the riches of his kindness and forbearance and patience, not knowing that *God's kindness is meant to lead you to repentance?* (ESV)
  - Titus 3:4-6 → But after that *the kindness and love of God our Savior toward man appeared*,  
5 Not by works of righteousness which we have done, but according to his mercy he saved us, by the washing of regeneration, and renewing of the Holy Ghost;  
6 Which he shed on us abundantly through Jesus Christ our Savior;

# *Gentleness (Kindness)*

- Psalm 63:1-7 → 1 **A Psalm of David, when he was in the wilderness of Judah.** O God, thou *art* my God; early will I seek thee: my soul thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is; 2 To see thy power and thy glory, so *as* I have seen thee in the sanctuary. 3 *Because thy lovingkindness is better than life, my lips shall praise thee.* 4 Thus will I bless thee while I live: I will lift up my hands in thy name. 5 My soul shall be satisfied as *with* marrow and fatness; and my mouth shall praise *thee* with joyful lips: 6 When I remember thee upon my bed, *and* meditate on thee in the *night* watches. 7 Because thou hast been my help, therefore in the shadow of thy wings will I rejoice.

# *Gentleness (Kindness)*

- The kindness of Jesus Christ:
  - Matthew 12:18-20 → 18 “Behold, my servant whom I have chosen, my beloved with whom my soul is well pleased. I will put my Spirit upon him, and he will proclaim justice to the Gentiles. 19 He will not quarrel or cry aloud, nor will anyone hear his voice in the streets; 20 *a bruised reed he will not break, and a smoldering wick he will not quench*, until he brings justice to victory;
  - Luke 5:36ff → 30 And the Pharisees and their scribes grumbled at his disciples, saying, “*Why do you eat and drink with tax collectors and sinners?*” 31 And Jesus answered them, “Those who are well have no need of a physician, but those who are sick... (cf. Titus 3:4)

# *Gentleness (Kindness)*

- Examples:
  - **Paul:** (II Corinthians 6:3-8) → Giving no offence in any thing, that the ministry be not blamed: 4 But in all *things* approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses, 5 In stripes, in imprisonments, in tumults, in labors, in watchings, in fastings; 6 By pureness, by knowledge, **by longsuffering, by kindness**, by the Holy Ghost, by love unfeigned, 7 By the word of truth, by the power of God, by the armor of righteousness on the right hand and on the left, 8 By honor and dishonor, by evil report and good report: as deceivers, and *yet* true;

## *Gentleness (Kindness)*

- Examples:
  - The good Samaritan. (Luke 10:33-34) → But a Samaritan, as he journeyed, came to where he was, and when he saw him, **he had compassion.** 34 He went to him and bound up his wounds, pouring on oil and wine. Then he set him on his own animal and brought him to an inn and **took care of him.** 35 And the next day he took out two denarii and gave them to the innkeeper, saying, ‘Take care of him, and whatever more you spend, I will repay you when I come back.’
  - Tabitha. (Acts 9:36) → “...this woman was **abounding with deeds of kindness** and charity, which she continually did.”

## *Gentleness (Kindness)*

- The natives of Melita. (Acts 28:1) → 2 And the barbarous people **shewed us no little kindness**: for they kindled a fire, and received us every one, because of the present rain, and because of the cold.
- David. (II Samuel 9:1-13; cf. 4:4) → 3 And the king said, *Is there not yet any of the house of Saul, that I may **shew the kindness of God unto him?*** And Ziba said unto the king, Jonathan hath yet a son, *which is lame on his feet.* 13 So Mephibosheth dwelt in Jerusalem: for he did eat continually at the king's table; and was lame on both his feet.
- Boaz. (Ruth 2:1-20) → 20 → And Naomi said unto her daughter in law, Blessed *be* he of the LORD, **who hath not left off his kindness** to the living and to the dead.

## ***The Fruit of Gentleness (Kindness)***

- Psalm 141:5 → Let the righteous smite me; it shall be a kindness: and let him reprove me; it shall be an excellent oil, *which* shall not break my head: for yet my prayer also *shall be* in their calamities.
- Ephesians 4:32 → And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.
- Proverbs 21:21 → Whoever pursues righteousness and kindness will find life, righteousness, and honor. (ESV)

# Goodness

- A more general term that takes its meaning from the context.
  - That which is excellent in any sphere.
  - Closely linked with “kindness” or “gentleness”.
  - “Kindness” may be viewed as a quality of heart and emotion – “goodness” as “kindness” in action.
  - A disposition to do good to others.
  - Generosity that springs from a heart that is kind.

# Goodness

- Examples of usage:
  - Matthew 5:44 → But I say unto you, Love your enemies, bless them that curse you, **do good to them that hate you**, and pray for them which despitefully use you, and persecute you;
  - II Thessalonians 2:16-17 → 16 Now our Lord Jesus Christ himself, and God, even our Father, which hath loved us, and hath given *us* everlasting consolation and good hope through grace, 17 **Comfort your hearts, and stablish you in every good word and work.**
  - Ephesians 5:9 → (For the fruit of the Spirit *is* in all **goodness** and righteousness and truth;)

# Goodness

- Examples of usage:
  - Romans 15:14 → 14 And I myself also am persuaded of you, my brethren, that **ye also are full of goodness, filled with all knowledge, able also to admonish one another.**
  - Acts 11:23-24 → Who, when he came, and had seen the grace of God, was glad, and exhorted them all, that with purpose of heart they would cleave unto the Lord.  
24 For **he was a good man**, and full of the Holy Ghost and of faith: and much people was added unto the Lord.

# Goodness

- Galatians 6:10 → As we have therefore opportunity, **let us do good unto all *men***, especially unto them who are of the household of faith.